

## Family Dinner Meals

Circle: Food circle of my family	Aim: dinner meals for family	INPUT Establish Exchange Relation			TRANSFORMATION Generate Exchange Objects			OUTPUT The Exchange		
		1.0 Sales/ marketing	2.0 Estimating	3.0 Contract	4.0 Preparation/ work order	5.0 Doing job	6.0 Testing	7.0 Preparation to deliver	8.0 Delivery	9.0 Acceptance/ payment
LEADING	Set criteria Create Evaluate Formulate Plan Schedule	1.1 Rules for determining family schedule. Form for collecting family meal requests.	2.1 Budget for meals. Rules on junk food. Rules about what time and how often the family will eat together. How communicate changed schedules?	3.1 Where meal schedule will be posted and how and when members will initial acceptance.	4.1 How prepare shopping list and when shop. Training process for the younger children	5.1 Recipes.	6.1 How and when preparations should be checked as you cook the meal.	7.1 Pots needed to contain the food. How many pots can be put on a tray. When to simply have everyone serve themselves.	8.1 How to carry food. Where to put the food tray when you get it to the dining area	9.1 Tradition &/or training for how family should comment about the meal.
	Who does	Parent A	Parents A & B	Parent B	Parent A	Parent A	Parent A	Parent A	Parent A	Parents A & B
DOING	Arrange Organize Provide Maintain Perform	1.2 Determine family schedule. What food preferences do they have.	2.2 Negotiate meal times. Desires versus budget. Yummies vs nutrition	3.2 Get family acceptance of meal plan for the upcoming week.	4.2 Shop for food. Prepare kitchen and cooking tools. Train the 8- year old how to cut fresh veggies and make a salad and set table.	5.2 Cook the meal.	6.2 Check to be sure all the food settings planned for the meal is being cooked and will be ready on time. Is table set?	7.2 Prep food for transport to table.	8.2 Transport the food	9.2 Get family acceptance of the meal while it is being eaten.
	Who does	Teenager	Parent A	Parent A	Teen shops; Parent A trains	Parent A and 8-year old	8-year old	Parent A and 8-year old	Parent B and 8-year old	Parent A & 8- year old
MEASURING	Review Record Quantify Verify	1.3 Did everyone show up for the meal on time? Did the teenager secretly order pizza and was too full to eat the meal?	2.3 Stayed in budget? Schedule changes accommodated ? Was there enough time to eat?	3.3 Complaints about "food not what I wanted"?	4.3 All needed food available? 8-year old able to cut veggies and not self? Did we have to jump up to get missing knife?	5.3 Taste test as food cooks	6.3 Did progress check(s) occur? Was any thing missing during the meal?	7.3 Was food warm when it got to table? Did everyone get the portions they wanted? Any food spill?	8.3 Any food spill? How long did it take to get food from kitchen to eating area?	9.3 Usefulness of comments from family. Feelings of people who prepared the meal about the family's comments.
	Who does	Parent B	Parents A & B	Parent A	Parent A	Parent A, grumpy teen	Parent A	Parent A	Parent B	Parent A & 8- year old